

# TAEKWON-DO ITF - Finnmarkmesterskap 2019 - NORD - 2019-03-09

	Ring 1	Ring 2
09:00		
09:05		10 Mønster yngre junior H (5) Pool 2/2 09:00 - 09:15
09:10		
09:15		10 Mønster Yngre junior D (3)
09:20	10 Mønster yngre junior H (6) Pool 1/2 09:00 - 09:50	20 Mønster junior H (4) 09:20 - 09:30
09:25		
09:30		40 Mønster senior/veteran D Hvit - blått (5) 09:30 - 09:45
09:35		
09:40		
09:45		
09:50		40 Mønster Senior/Veteran H Hvit-Blått (2) 40 Mønster senior/veteran H rødt-sort (2) 30 Mønster Eldre Junior H (2) 09:45 - 10:15 (00:30)
09:55	20 Mønster junior D (6) 09:50 - 10:15	
10:00		
10:05		
10:10		
10:15		
10:20	Kadett 2 Mønster H 11-12år (8) 10:15 - 10:30	Kadett 2 Mønster D 11-12år (8) 10:15 - 10:30
10:25		
10:30		
10:35		
10:40		
10:45	Kadett 1 Mønster D 9-10år (13) 10:30 - 11:10	Kadett 1 Mønster H 9-10år (14) 10:30 - 11:10
10:50		
10:55		
11:00		
11:05		
11:10		
11:15	Offisiell åpning 11:10 - 11:30 (00:20)	Offisiell åpning 11:10 - 11:30 (00:20)
11:20		
11:25		
11:30		
11:35		
11:40	Kadett 2 Sparring H 11-12år (8) 11:30 - 12:00	Kadett 2 Sparring D 11-12år (8) 11:30 - 12:00
11:45		
11:50		
11:55		
12:00		
12:05		
12:10		
12:15		
12:20		
12:25	Kadett 1 Sparring D 9-10år (13) 12:00 - 13:00	Kadett 1 Sparring H 9-10år (14) 12:00 - 13:00
12:30		
12:35		
12:40		
12:45		
12:50		
12:55		
13:00		
13:05		
13:10		
13:15		
13:20	Lunsj 13:00 - 13:45 (00:45)	Lunsj 13:00 - 13:45 (00:45)
13:25		
13:30		
13:35		
13:40		
13:45		
13:50		
13:55		
14:00		50 Sparring Yngre Junior H (5) Pool 2/2 13:45 - 14:25
14:05		
14:10	50 Sparring Yngre Junior H (6) Pool 1/2 13:45 - 14:45	
14:15		
14:20		
14:25		
14:30		50 Sparring Yngre Junior D (3) 14:25 - 14:40
14:35		
14:40		
14:45	50 Sparring Yngre Junior H (2) Pool winner 1	
14:50	50 Sparring Yngre Junior H (2) Pool winner 2	50 Sparring junior H (4) 14:40 - 15:05
14:55	50 Sparring Yngre Junior H (2) Repechage	
15:00	50 Sparring Yngre Junior H (2) Final	
15:05	50 Sparring junior D (5)	60 sparring senior/veteran H -75 (5)

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	Ring 1	Ring 2
15:10	15:05 - 15:45	15:05 - 15:45
15:15		
15:20		
15:25		
15:30		
15:35		
15:40		
15:45	30 Mønster Eldre Junior D (3)	50 Sparring Eldre junior H (2)
15:50	Hi kick herrer rødt - sort (5)	50 Sparring Eldre junior d (2)